

PRICELIST

PILATES RATES

PILATES GROUP SESSIONS

Monthly Membership Fee

Single Group Session	P1,500
5 Group Sessions	P5,500
10 Group Sessions	P10,500
15 Group Sessions	P15,000

CLINICAL PILATES

Conducted by a Pilates expert who has received training to work with special population clients (those with injuries and dysfunction).

Single Private Session	P2,700
10 Private Sessions	P26,000
20 Private Sessions	P50,000
30 Private Sessions	P72,000

ONE ON ONE PRIVATE SESSION

Single Private Session	P2,500
10 Private Sessions	P24,000
20 Private Sessions	P46,000
30 Private Sessions	P66,000

PRIVATE GROUP – DUO

Rates are per person basis

Single Private Session	P1,950
10 Private Sessions	P18,500
20 Private Sessions	P36,000
30 Private Sessions	P52,500

PRIVATE GROUP – TRIO/ QUADRO

Rates are per person basis

Single Private Session	P1,750
10 Private Sessions	P16,500
20 Private Sessions	P32,000
30 Private Sessions	P46,500

VALIDITY: 10 SESSIONS - 2 MONTHS | 15 & 20 SESSIONS - 3 MONTHS | 30 SESSIONS - 6 MONTHS



Note:

- It is required to complete a minimum of 3 private sessions before participating in Pilates group classes. This is to ensure the safe and effective use of equipment, as well as to improve understanding and technique of the exercises.
- To ensure the safety and well-being of all participants, we kindly request that clients with medical conditions or previous injuries refrain from joining our group classes. We appreciate your understanding and cooperation in this matter.
- Clinical Pilates is composed of Pre/Post Natal, Stretch and Release Program, Neurological/ Musculoskeletal/ Orthopedic Conditions

Sign up now and receive a 50% discount on your initial trial session!



Enjoy the special offer within two weeks of registering.