

TRIO GROUP CLASS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8 AM	REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA		REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA
10 AM	TOWER OF POWER with MA			TOWER OF POWER with MA	TOWER OF POWER with MA	TOWER OF POWER with MA	TOWER OF POWER with MA
11 AM		TOWER OF POWER with MA					
12 NN	REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA	TOWER OF POWER with Kim	REFORMER FOUNDATION with MA	MENTORING	REFORMER FOUNDATION with MA	REFORMER FOUNDATION with MA
1 PM			REFORMER CHALLENGE with Paul				
2 PM				TOWER OF POWER with Love			
3 PM	REFORMER FOUNDATION with EJ		TOWER OF POWER with EJ		TOWER OF POWER with EJ	REFORMER FOUNDATION with EJ	TOWER OF POWER with EJ
4 PM		REFORMER CHALLENGE with Love					WUNDA CHAIR with Love
5 PM	TOWER OF POWER with EJ						
6 PM	REFORMER FOUNDATION with EJ		REFORMER FOUNDATION with EJ		REFORMER FOUNDATION with EJ	TOWER OF POWER with EJ	REFORMER FOUNDATION with EJ
7 PM			REFORMER CHALLENGE with Kim		TOWER OF POWER with EJ		



TRIO GROUP CLASS

TERMS & CONDITIONS

- Classes require an appointment
- Classes are on a first-come, first-served basis
- Socks are required. Bring your own towel and Mats for Mat Pilates.
- Please make reservations at least 48 hours (2 days) in advance to ensure a smooth booking process. Classes with no attendees may be canceled or the client will have the option to convert the session into private 1:1 session. Senior 1 rate for **intermediate class** and Senior 2 rate for foundation class will apply.
- Studio policies, including cancellation and rescheduling, still apply.
- To ensure the safety and well-being of all participants, we kindly request that clients with medical conditions or previous injuries refrain from joining our group classes. We appreciate your understanding and cooperation in this matter.
- Validity of Duo and Trio Private Group Classes will apply
- It is required to complete a minimum of 3 private sessions before participating in group classes. This is to ensure the safe and effective use of equipment, as well as to improve understanding and technique of the exercises.

FOUNDATION GROUP RATES

Single Private Session	10 Private Sessions	20 Private Sessions	30 Private Sessions
P1,300	P12,000	P23,000	P33,000

INTERMEDIATE GROUP RATES

Single Private Session	10 Private Sessions	20 Private Sessions	30 Private Sessions
P1,750	P16,500	P32,000	P46,500

Rates are in a per person basis
All classes are by appointment.
Studio policies, terms and conditions apply.